



RPO Como Lake, P.O. Box 64569, Coquitlam, BC, V3J 7V7

Many schools will have separate gym entry and gym exit doors but not all. Some schools will require entry and exit out of the same door. Follow the procedures indicated when you arrive at the school.

Our **Gym Entry/Exit Protocols** are as follows:

Team A – practices from 5:00 – 6:00 pm

Start of Practice

- Players will line up outside the gym at 4:55 pm with their masks properly over the nose and mouth.
- It is recommended players physically distance as much as possible.
- The coach will ask each player individually to provide them their downloaded Health Check.
- The coach records who attended practice on their Player Participation Attendance Record (attached).
- At 5:00 pm, the coach will take a quick look inside the gym to ensure it is vacated. Once vacated, Team A follows the coach into the gym.

End of Practice

- At 5:55 pm, Team A finishes practice.
- The Coach ensures hoops are positioned back to where they were at the start of practice.
- Players put their masks properly over their nose and mouth, sanitize their hands and gather up all their personal belongings and equipment and exit the gym promptly through the door indicated for your school.

Team B - practices from 6:00 – 7:00 pm

Follow same procedures as above for start of practice at 5:55 pm and end of practice at 6:55 pm.

Team C – practices from 7:00 – 8:00 pm

Follow same procedures as above for start of practice at 6:55 pm and end of practice at 7:55 pm.

Team D – practices from 8:00 – 9:00 pm

Follow same procedures as above for start of practice at 7:55 pm and end of practice at 8:55 pm.